

CPAP MAINTENANCE SCHEDULE

EQUIPMENT	CLEANING	REPLACEMENT
MACHINE & HUMIDIFIER	Wipe down machine every 2 weeks with a damp cloth.	
MASK <i>including frame and cushion</i>	Clean every day or more often with mild soap and warm water. Rinse well. Do not use soaps with perfumes or dyes.	Every 6-12 months. Change cushion every 6 months to minimize air leaks.
HEADGEAR	Hand wash with mild dish detergent hang dry weekly. Do not put in the dryer.	Every 6-12 months.
HUMIDIFIER CHAMBER	Rinse every every day and clean weekly with warm soapy water. Use only distilled water to fill the chamber.	Every 12 months.
HOSE / TUBE	Clean every week with warm soapy water and rinse well and hang to dry.	Every 12 months.
DARK BLUE POLLEN FILTERS (Philips Respironics Dreamstation)	Rinse monthly. Ensure the filter is dry before placing it into machine.	Every 6 months.
LIGHT BLUE ULTRAFINE FILTERS (Philips Respironics Dreamstation)	Replace only. Do not wash.	Every 2 months.
DARK GREY POLLEN FILTERS (Philips Respironics Dreamstation2)	Rinse monthly. Ensure filter is dry before placing it into machine.	Every 6 months.
LIGHT GREY ULTRAFINE FILTERS (Philips Respironics Dreamstation2)	Replace only. Do not wash.	Every 2 months.
WHITE FILTERS (ResMed S10 & S11)	Replace only.	Every 3-4 months.
WHITE AIR FILTERS (Fisher & Paykel Sleepstyle)	Replace only.	Every 3-4 months.

Most insurance providers will fund replacement CPAP supplies at the intervals noted above. Please check with your insurance provider for details about your coverage. Should you require assistance with this, please contact our team at the clinic.